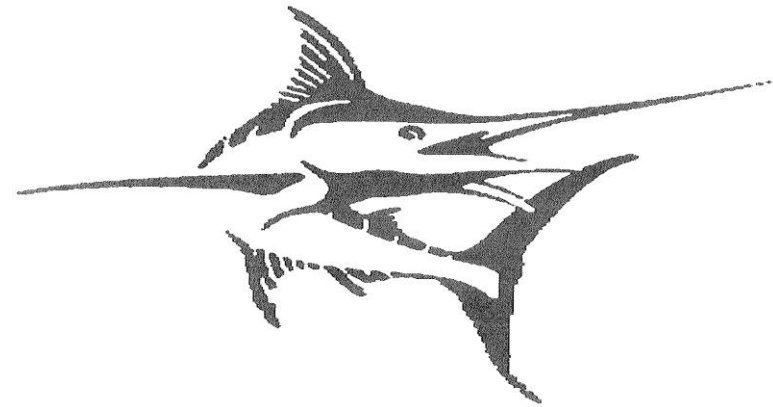


**Seniors 2010**

**“Our Time to Win”**

**We the united senior class of 2010  
Mark June 16<sup>th</sup> as “Our Time to Win”  
The day that will yield a new beginning  
Exploring new things and making a living  
Today we are assembled united we stand  
Pledging 100% graduation is on demand  
When one of us starts to slip of fall  
Our friends will step in with support to this call  
To ensure that every classmate stays on track  
Stay united moving forward and not turning back  
This united pledge that we affirm  
Will keep us strong through all four terms  
Our challenge to the class of 2010  
That for every senior it’s “Our Time to Win”**



## **BAYSIDE HIGH SCHOOL SENIOR GUIDE**

**2009-2010**

**Bayside High School  
4960 Haygood Road  
Virginia Beach, VA 23455  
Guidance Office: 648-5200 ext. 85211**

**Bayside High School’s College Board (CEEB)  
Number: 472285**

# **SENIOR HANDBOOK**

## **2009-10**

**A-Dat**      **Ms. Hall**      **Military/Careers/Marlin  
Memos/Guidance Advisory Committee**

**Dau-Hon**      **Ms. Cicero**      **Scholarships**

**Hoo-Mim**      **Mr. Winston**      **College Board  
Testing**

**Min-Sea**      **Mr. Lawrence**      **Department Chair  
SSD**

**Seb-Z**      **Ms. Hamar**      **AP Testing**

**Mrs. Mejia-**  
**Counselor-Health Sciences Academy/  
Colleges/Summer Programs**

**Mr. Brian Jones**  
**Health Sciences Academy Coordinator**

**Mrs. Philips**  
**ACCESS Program Advisor,  
Financial Aid and College Preparation**

**Ms. Walker, Career Coach (TCC)**

**Mrs. Phelps- Guidance Registrar**

*Decisions! Decisions! Important decisions that will affect your future lifestyle must now be made. You have many options. Do your goals include work, college, military service, apprenticeship training, technical school, community college, university, or a combination of these and other activities? Now is the time to begin your planning!*

*Whatever your future goals may be, the growing complexity of society requires individuals obtain a higher level of education or skill training than ever before. Take advantage of programs that can offer you insight into your interests, aptitudes and abilities. The Guidance Department at Bayside is dedicated to assisting you in any way we can. Our goal is to empower you to become whatever is possible for you. Please allow us the privilege of helping you. You can start by using the following information as a general guide during your senior year.*

### COMMUNICATION

Counselor communication with you this year is **A MUST**. Several channels will be utilized including:

**MARLIN MEMOS.** The senior bulletins will be available online for your viewing each month.

**MORNING AND AFTERNOON ANNOUNCEMENTS.** Often this is the only way we have to reach all of you quickly with a career or scholarship opportunity.

**BULLETIN BOARD IN FRONT OF THE GUIDANCE OFFICE** . Check here regularly for local job openings, career information, financial aid updates, college information and additional scholarship and essay contest offerings.

### CAREER AND COLLEGE RESOURCES

A Special resource section in guidance is available for you to use independently or with the assistance of a counselor. Here you will find excellent materials including Virginia View, Bridges, and Career Cruising, computer-based systems which provide information about occupations (both civilian and military) two-year and four year colleges, graduate and professional schools, and sources of scholarship and financial aid. The information is accurate and up-dated. The programs are easy to operate.

We hope that your senior year will be a special one. Please come to us for assistance with college and career planning and for any other concerns you might have during the year. We look forward to working with all of you.

-Bayside High Guidance Department

### PLEASE SHARE THIS BULLETIN WITH YOUR PARENTS

If you still have questions after reading this bulletin, see your counselor.

**Be There!**

**Junior/Senior Day at Bayside High School  
T.B.A.**

**SCHOLARSHIP COMMITTEE:** At times the Scholarship guidelines will require that the recipient be chosen by the Bayside High School's Scholarship Committee. In order to be considered for these, you must submit the following to your counselor. You must complete a one time registration form for the school committee and return to your counselor or Ms. Cicero.

Complete an application for each scholarship you wish to be considered. You must request a transcript and attach it to your scholarship committee registration.

**SCHOLARSHIP REMINDERS**

- You are responsible for mailing your own application and transcript.
- Please pay close attention to all application deadline requirements.
- Please submit all required information in a timely fashion.
- If the application requires school transcript, please complete the appropriate request form available in your guidance office and submit at least 2 weeks prior to the mailing deadline date.  
Be sure to include any requests for counselor recommendations at this time. You must remember to pick up transcripts because it is your responsibility to mail the information in if it is required.
- If you have any questions, please contact the scholarship coordinator Ms. Cicero.
  - If you have been awarded a scholarship from an organization or a college/university:

**CONGRATULATIONS!** Please notify Ms. Cicero and your counselor.

**INDIVIDUAL AND SMALL GROUP SESSIONS.** Schedule an appointment with your Counselor, ACCESS Advisor or TCC Career Coach as needed.

**GRADUATION REQUIREMENTS**

- A. In September, seniors receive a senior credit letter regarding the number of credits, standard and verified, earned thus far and the requirements for graduation.
- B. See your counselor if there are any questions or discrepancies concerning your record or your credit letter immediately.
- C. Students are assigned a final class rank at the end of their senior year. Those credits earned in grades nine (9) through the final semester of grade twelve (12) will be used in the ranking for a total of eight (8) semesters work. Algebra I and above, Earth Science or foreign language completed in middle school will also be included in the GPA and rank. A student with a 3.0 average is to be considered an honor graduate.

**COLLEGE REPRESENTATIVES**

Many college representatives visit the guidance office during the fall. To attend one of these sessions, students need their planner signed by the appropriate teacher. See Mrs. Mejia and listen for announcements on the intercom. Unless otherwise stated, these representatives will be in the principal's conference room. These are excellent opportunities to learn more about different colleges.

<p><b>COLLEGE NIGHT AT THE VIRGINIA BEACH CONVENTION CENTER Tuesday, October 27 5:30-8:00 pm.</b></p>
---

## COLLEGE APPLICATION PROCESS

### 1. SAT I or ACT TEST –

Take it early so that you have an opportunity to retest, if necessary. Most schools will accept either test. Check to be sure. It is also important to find out whether or not the school of your choice requires the SAT II Subject Tests. Test registration booklets are available in guidance or you can register on line at [www.collegeboard.com](http://www.collegeboard.com).

<u>COLLEGE ENTRANCE EXAMS</u>		
Bayside High School Code	(CEEB)	472- 285
First Colonial Test Center	Number	47-720
Princess Anne Test Center	Number	47-730
Green Run Test Center	Number	47-725

<u>SAT DATES</u>	<u>ACT DATES</u>
Oct. 10, 2009	Sept. 12, 2009
Nov. 7, 2009	Oct. 24, 2009
Dec. 5, 2009	Dec. 12, 2009
Jan. 23, 2010	Feb. 6, 2010
Mar. 13, 2010	Apr. 10, 2010
May 1, 2010	Jun. 12, 2010
Jun. 5, 2010	

### **TEST INFORMATION**

Make certain which entrance tests are required by your college.

**SAT I – The SAT I** is a four hour test that measures verbal, math and writing skills.

**SAT II – The SAT II** Subject Tests are one-hour tests measuring the level of achievement in a particular subject. Students usually take three subjects on the same day. Different colleges require different subject tests.

- A. Specific scholarship information and deadlines for applying will be given to you in future bulletins and are updated regularly on Scholarship Central.
- B. **Scholarships offered on Scholarship Central.** These you will download and complete on your own. Please request any documentation (i.e. transcripts, test scores, letters of recommendations or signatures) at least 5 days before application is due to be mailed. Request transcript in a sealed envelope.
- C. Procedure for applying for scholarships:
  - Have all letters of recommendation and a personal statement as soon as possible.
  - Review **Marlin Memos** and **Scholarship Central** for directions on obtaining applications.
  - Be sure to indicate on transcript request card to what additional information to include from your record. For example, one may require a transcript and recommendations; another may want a transcript and personal statement. No charge for these.
  - **DEADLINES ARE CRUCIAL. ALL applications MUST BE submitted on or before the deadline stated in the Marlin Memos or Scholarship Central.**

1. **The Free Application for Federal Student Aid** (FAFSA) 2009-2010 will be available online starting January 1st. In order to be eligible for college or Federal Aid, the FAFSA must be submitted. Requested information is based upon your parents' 2009 income tax return. Please see Mrs. Phillips to set up an appointment to file your FAFSA.
2. **GRANTS** – such as the Pell Grant – are sums of money granted for your education. This is free money – grants do not need to be repaid.
3. **LOANS** - such as low interest student loans must be repaid. Payments are usually deferred until after graduation from college.
4. **COLLEGE WORK-STUDY PROGRAMS** – are programs where you are offered employment on campus based on your financial need.
5. **SCHOLARSHIPS** – check with the college to which you apply. Use your computer and one of the search engines to explore the Internet for scholarship information.

### SCHOLARSHIPS

The primary source for scholarships can be found online at Scholarship Central [www.ybschools.com](http://www.ybschools.com). Click on Class 2010, and then click on Scholarship Search. In addition, Marlin Memos will be distributed through English 12 classes. Scholarship Central can also be accessed through Bayside High School's website.

- D. Information about local, state, and national scholarships is available to those who are willing to investigate and make the effort to apply for possible scholarship offerings.

Students are responsible for finding out what tests are required by colleges in which they are interested.

**ACT** – The American College Test is a test used primarily by colleges west of the Mississippi River. The test is given at the Virginia Beach Campus of Tidewater Community College. Website [www.act.org](http://www.act.org).

You may take **EITHER** the SAT I **OR** up to three Subject Tests on any of scheduled dates. You may **NOT** take both the SAT I and SAT II Subject Tests on the same day.

### 2. COLLEGE APPLICATIONS-

- A. Applications to colleges and universities can be done on line, or applications can be downloaded from the schools' websites. (go to [collegedegree.com/all\\_colleges](http://collegedegree.com/all_colleges)) Paper applications, catalogues, and financial aid information can also be requested by writing directly to the colleges' admissions offices.
- B. Plan to have college applications sent before the winter holidays. You are responsible for submitting your own applications. The guidance department will mail transcripts separately. **Plan to request transcripts and submit your part of each application at least two weeks prior to the deadline!** Academy students should refer to Mrs. Mejia for their deadline.
- C. If a **Recommendation** is required, request it from the appropriate teacher, community leader, etc. Make an appointment for an interview so he/she will know more about your expectations, achievements and goals. Bring a resume and stamped envelope with you to the meeting. Two recommendations are more than enough!

- D. For your college essay, write about something you know and keep it upbeat and positive. Tell the truth about who you are and who you are not. Ask a favorite teacher to proofread your essay and ask for his/her suggestions.
- E. There is a \$2.00 charge for each official transcript requested, which covers the initial transcript, a mid- year transcript if required by the college, and a final transcript. You may wish to send a resume or a personal statement with your application. This is optional and it is your responsibility if you choose to do it. The official transcripts are composed of your scholastic record and SAT or ACT scores and must remain sealed.
- F. **Early Decision Plan-** If your grade point average is B or higher and your SAT/Act scores are reasonably high (1000 or above), you may wish to apply for Early Decision. The application dates may vary at different schools, but they are generally around **November 1**. By early December, you will receive notification of acceptance or non-acceptance. If accepted, under gentlemen’s agreement, you will attend that school. You may apply to only one college under Early Decision. Other applications must be withheld until after notification.
- G. If a mid-year report is needed. Turn in the form to Mrs. Phelps in guidance. A **final transcript** form will also need to be turned in to your counselor and will be sent out at the end of the school year to the college you have selected.
- H. Once you have received your college award letters please turn them in to your counselor or to Ms. Cicero. *This should be done regardless of whether or not you will be accepting the offer. We want to make sure that our Bayside students are recognized for all of their hard work and academic success.*



## WHAT YOU NEED TO KNOW ABOUT REGISTERING WITH SELECTIVE SERVICE

All young men living in the United States, with very few exceptions are required to register within 30 days of turning 18.

Registration is also required to stay eligible for many federal and state benefits, including student financial aid, Pell grants, job training, and some federal jobs.

The easiest way to register is on the Internet. Go to [www.ss.gov](http://www.ss.gov) Click on the “Register Online Now’ icon. Enter basic information and within 30 seconds you will get a Selective Service number. An acknowledgement card will come in about 2 weeks.

## FINANCIAL AID

- 6. Most colleges include a financial aid form along with the application packet. It is important to return this to the college as soon as possible
- 7. Bayside High School will offer an ACCESS College Foundation Financial Aid Evening Program, Wednesday November 18<sup>th</sup> at 5:30 PM in the auditorium. The purpose of this meeting is chiefly to answer questions concerning the **FAFSA**. College Night will provide a workshop on Financial Aid for both students and parents. The FAFSA is mailed after January 1 of the senior year.

## MILITARY RECRUITERS

**U.S. Marines:**      **SSG Montgomery**  
115 Executive Bldg.  
Phone: 461-8716  
Janaf Shopping Center  
Norfolk, VA 23502

**U.S. Airforce:**    **SGT Reginald Courtney**  
Phone: 499-2688 Cell: 435-3262  
1115 Independence Blvd.  
Pembroke 2 Bldg. Suite 102  
Virginia Beach, VA 23455

**U.S. Army:**        **SGT Barnett**  
Phone: 461-6075, 1-877-212-5639  
290 Janaf Executive Bldg Suite 110  
Virginia Beach, VA 23320

**U.S. Coast Guard:** **YN2 Rodney Pearson**  
Phone: 312-0514  
1011 Eden Way  
Chesapeake, VA 23320

**U.S. Navy:**        **MA1 Ricky Phillips**  
Phone: 499-9210  
287 Independence Blvd  
Pembroke Bldg 2, Suite 101  
Virginia Beach, VA 23462

**Army National Guard:**    **SFC Blanton**  
Phone: 961-6543, 448-5329  
3777 Virginia Beach Blvd.  
Norfolk, VA 23502-0000

Every effort will be made to send all requests immediately, but processing does take time, and you should not wait until the day before the college's deadline. Try to submit all applications prior to the Winter holiday.

### **CHECKLIST**

\_\_\_\_ Read the schedule of college representatives who are visiting Bayside and attend sessions in which you are interested.

\_\_\_\_ Check Early-decision deadlines.

\_\_\_\_ Note various deadlines. Set up a calendar for completing college applications, for taking the SAT/ACT test, etc.

\_\_\_\_ Check with ACCESS advisor for eligibility for fee waivers.

\_\_\_\_ Most colleges encourage on-line applications. If a paper application is needed, request it from the college. This needs to be done as soon as possible.

\_\_\_\_ Check for counselor recommendation page to be included with transcript request.

\_\_\_\_ Mail application fee.

### **ACCESS ADVISOR**

Mrs. Phillips is our Access Advisor. She will be available in guidance Tuesdays, Wednesdays and Thursdays. If you need help filling out college and financial aid applications or determining eligibility for fee waivers, please schedule an appointment with Mrs. Phillips.

## TRADE, BUSINESS OR TECHNICAL SCHOOLS

There are many of these schools in our area offering programs lasting from several months to several years. Many schools have fine programs but most are quite expensive. If you are interested in a particular field of study, check first to see if Tidewater Community College offers that or a similar program. TCC is a bargain and offers many programs leading to medical, technical and business certifications. If you have decided on a technical school, ask the admissions personnel questions about accreditation, financial aid, certification of teachers and job placement. If you have specific questions about TCC make an appointment with Mrs. Walker, TCC Career Coach. She is available in guidance on Mondays.

## TECH PREP – **What is Tech Prep?**

### **EARN COLLEGE CREDIT THROUGH PREP PROGRAMS**

Tech Prep is a way to start a college technical major in high school. In a Tech Prep program, you begin your course of study in a local high school and continue your studies at Tidewater Community College (TCC). The result is a certificate or associate's degree in a career field that prepares you for today's work and provides a solid foundation to pursue many four-year degree programs in engineering, health, business, marketing and fine arts. *If you have questions, see Mrs. Walker in guidance.*

## FINE ARTS SCHOOLS

Follow the same procedure as college application process. For these schools, you generally need an audition and/or portfolio.

## NURSING SCHOOL AND HEALTH-TRAINING PROGRAMS

Some of the local hospitals, EVMS, TCC and ODU offer excellent programs. Check in guidance for specific programs.

### MILITARY:

All branches of the military offer the opportunity to learn a marketable skill, serve the country, and obtain money for education. Recruiters from different branches of the military are assigned to Bayside High school. They have tables set up in the cafeteria during lunch periodically during each month. Take some time to talk to each branch and find out what is offered as far as enlistment time, training, and education benefits. You can join the reserves or the active service or apply for ROTC scholarships.

### **Service Academics/ROTC Scholarships**

All students interested in ROTC college scholarship should take the SAT or ACT as soon as possible. Application deadlines for Army ROTC, Navy/Marine Corps ROTC and Air Force ROTC scholarships are December 1, 2009.

Student who desire to apply for ROTC Scholarships and or academy appointments are asked to see Ms. Hall for information on the application process and the website addresses.

**ASVAB** (Armed Services Vocational Aptitude Battery). This test gives information on aptitudes for various careers. There is no obligation to join the military. **TEST DATES:** Dec. 4<sup>th</sup>, 2009 & March 5, 2010. See Ms. Hall in guidance if you have questions.